Whitlock, C. Michelle

From: Stephens, Harvard W.

Sent: Friday, January 04, 2008 1:57 PM

To: Whitlock, C. Michelle

Subject: RE: Diet Order

Diet approved as requested.

From: Whitlock, C. Michelle Sent: Fri 1/4/2008 9:57 AM To: Stephens, Harvard W. Subject: Diet Order

Inmate George Delaney #374390, DO_ 60 was recently admitted to MCV for chronic ulcerative colitis. He was discharged with a diet order for the

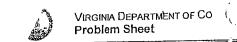
following: No processed foods, spicy foods raw vegetable, oranges, apples, cornflakes, boiled eggs, cheese, beans, peanut butter or any type of nuts.

According to Food Service the Medical Department has to get approval from Richmond for this special diet. I wasn't sure who to address this issue to.

Please let me know if I need to contact someone other than you.

Thanks

Michele



Effective Date: Reviseding Procedure# 722 Attac

Revision

PROBLEM SHEET

Institution: Lunenburg Correctional Center	
Name: Dolaney, George. No:	374890.
Allergies: NKDA- DOB	: 100.
Chronic Medical History:	
() ASTHMATIC	
() BLOOD PRESSURE () HYPERTENSION	() HYPOTENSION
() CARDIAC	
() DIABETIC ()INSULIN DEPENDENT	() NON-INSULIN DEPENDENT
() HEPATITIS () A () B () C	
() HIV/AIDS	
() CANCER Type:	
() PULMONARY	
() SEIZURE DISORDER	
() SMOKER () NON-SMOKER	
() HOUSING () BOTTOM BUNK	
() CURRENT MEDICATION(S): See Current MAR	le .
() OVER 60 y/o	
OTHER: (" about one 2003 (1997)	
73	
*WRITTEN TREATMENT PLAN—SEE (CHRONIC CARE GUIDELINES

Augusta Correctional Center

Commonwealth of Virginia Department of Corrections

Weight Flow Sheet

	Inmate Namez			374390	
	Date	Weight	S	ignature	
NI	+ + + - + - + - + - + - + - + - + - + -	159	p		
	2000	176/2	\frac{1}{2}		
٠.	3/38/08	174	2		
	3/3/08	174/2	0	2	
	3/6/08	176	0		
	3/10/08	176	B	/	o (
	3/13/08	Noshow-Saysheta	Doffice	rwouldprewer	1/2-
	3/17/108	170 0 2	tourse	up	i
	3/38/08	Nepresed	X	10	
<u> </u>	3/28/08)	
	3/31/08	170	2		
	5/10/0'8	85	(Ja	(tan)	
-	· · ·				
-					
1					
1					



Virginia Department of Corrections

	QMC	: System: Consu	ıltation Reques	st Form	
For security reasons, inmates must	not be informed	of date, time or location	of proposed treatment	or possible hospitalization	1
User: WhitlockCM; Desig					
Inmate 374390 Number: Medical © Dental C	nakus nakharitisi tiin nai i	Request Status: 12/07/2007	Approved Date Completed:	12/09/2007	
Patients Name: Delaney, DOB: (° /1960 Med Patients August	George	Sex: Male Any Activitity nal Center		Black atory Release	0(
Referring Referring BottlietoName: Contact Phone Number: Site Phone Number: Requesting Practitioner's	Marsh Whitle 804-4 Midnig	ockCM .44-6666			
Type of Consultation, Tre BE @ MCV History of Present Illnes 47 yr. old w/ ulcerativ	o. (Poguire)	d Field)		rmittent bowel	
Pertinent Physical Findin Abdomen + BS, Weight st	able.			arpacidades de se en alemania de composições de composições de composições de composições de composições de co	arina ayan arina da
Previous Treatment and Was transferred to ACC	Response: from LCC.	(Including Medi MCV recommended	cations) FAX: 8	88-762-7575 (Re	quire
Additional Information Response:	<u>nggyaan daara ah madalah daarah kan terbanggan daarah a</u>	Date Reques	ted:	Date Completed:	g <u>a nya ramang dak sa</u>
QMC Response:					Herene see to consider
1					

M TELEMED

Jan 24 2005 12:27PM

LELEMED SCHO INTES

No 3233

Virginia Department of Corrections / VCU Medical Center

PRE-REGISTRATION	REQUEST FORM
Dire: 12-18-67 Inman Number: 37430	O VCUMC Medical Record Number 1018 51429
Name Delane George Kenny	Word Const Marsh Read Page 10
Please complete one of the boxes below to	7000 SA-7000 Policy No: YTA 950-3 1-1-3-4 Or If No. 2000 SA-7000 Policy No. 27TA 950-3 1-1-3-4 Or If No. 27TA 950-3 If
Appointment for <u>Parium</u> <u>Lernes</u> Clinic On-Site(VCUMC) Telemedicine	Property of the following information is required:
Reason patient needs to be seen: New patient evaluation for Follow-up for 1 certific Colific and needs to be seen month from last appointment: Emergent (1-744ys) Urgent (8-30 days) Next Available Next available unit is given micros repleasion in axions below to indicate reason for Urgent or Benergent appointment.	Is the patient claustrophobic? Yes No diabetic? Yes No If diabetic, list diabetic meds: Any metal in the body? specity: Allergies: Weight: Requesting Doctor's name:
PHS Number:	PHS Number:
Please provide a DIAGNOSIS and pertinent BI Patient last seen in GI Recommended BE. He w ACC furn LCC, Please	ne transferred to Mill
Appointment Process and Important Information Obtain approval for visit/test/procedure if required. FAX this form to: (804) 528-3932 (Barbara and Tia). The day before the appointment, send updated Pre-Reg. Form to the Holding Cell - FAX-(804)786-9615 on Renall (BURKSMR) NOTHY impact schedulers (804) 628-0425 and Holding Cell (804) 786-1264 of ATL REFUSALS OR CANCELLATIONS. OUTSTIONS!? Cell 628-0425-Barbara or 528-3805-Tia REMONDER: SENID pertition information with impact to appointment. (Notes, Current Mede, Test Results, X-Ray FILMS, etc.)	APPOINTMENT To be complised by VCU-MC percent only. VCU-MC - Date: Time: Telemedicine - Date: Time: At your Recitity Transport to: (if chacked) Please mail films ASAP is: VCU Modical Center, Telemedicine Department P.O. Box 980531, Richmond, VA 23198-0531
Please NOTE of Hepstelogy / Possible Liver Biopsy: Complete Protocol formetion and FAX to (\$04)\$28-4945. For questions vall	43

804-628-3805

M TELEMED

(TUE)DEC 18 2007 22:28/ST.22:29/No.7519492992 P

wan.24. 2005 12:27PM

ELENED SCHO INTES

No 3233 P. 3/3

Virginia Department of Corrections / VCU Medical Center PRE-RECISTRATION REQUEST FORM (To be used when requesting new or clinic / tolerandicine appointments)

	120
Dree: -12-18-67 Inman Number: 37439	O VOLING Medial Record Number 10/85429
Name Delaney George son	100 see - M Race 10
Corrigination Corr. DOCEMBRISTORY PRODES SHO-997- Address: 1821 Estative Dalley Prodes SHO-997- Crarasville va zip Code 24430 PAX: 546	Policy No: XIA 990 125 TAX or rend copy of Instrance Card.
Please complete one of the boxes below to (A separate Pro-Registrator form is	indicate your request for this patient.
Appointment for Darium Larma Clinic [Mon-Site(VCU-MC)	Diagnostic Test or Procedure: (May require completion of department specific form) For I or MRI the following information is required: In the patient classistrophobic? Yes No diabetic? Yes No If diabetic, list diabetic meds: Any metal in the body? specify: Allergies: Weight Requesting Doctor's name; PHS Number:
Please provide a DIAGNOSIS and pertinent BI Potient last seen in GI Recommended BE: He w ACC from LCC, Please	a Inneferred to Mill
Appointment Process and important Information Obtain approval for visit/tem/procedure if required. FAX this form to: (804) 628-3932 (Barbara and Tim). The day before the appointment, send updated Pre-Reg. Form to the Holding Cell - FAX-(804)/86-9615 ex E-mell (BURKSMR) NOTIFY impact schedulers (804) 628-0425 and Holding Cell (804) 786-1264 of ALL REFUSALS OR CANCELLATIONS OUTSITONS?! Call 628-0425-Barbara or 628-3805-Tim EMMEMBER.—SEND pertinent information with impact to appointment. (Notes, Current Made, Test Regules, X-Ray FILMS, etc.)	Wesch (2/28/07)
Please NOTE For Hepzinlegy / Possible Liver Biopsy: Complete Protocol information and FAX to (\$04)828-4945. For questions call : 804) 828-4060.	

AMC

Augusta Medical Center 78 Medical Center Drive Fishersville, VA 22939 Department of Radiology (540) 332-4400 (540) 932-4400

John Marsh c/o Augusta Correctional Ctr, 1821 Estaline Valley Rd Craigsville, VA 22430

374390

• •		
Patient: DELANEY, GEORGE	Acct #: M00031599848	MR #: M0315182
FREDERICK	Status: REG CLI	
Tech: RAD.CSS	Age/Sex: 47M	Loc: RAD
Report #: 1220-0240	Phys: John Marsh	Pat phone #: (540)997-7000
Transcriptionist: deh	Dict Date: 12/20/07 1323	Trans Date: 12/20/07 1326

Date of Service: 12/20/07

Exam(s): 1220-0073 DXR/DXR KUB Abdomen AP View

DOB: 1 /1960 Dictating Radiologist: Shashank C. Parekh

Diagnosis: ABD PAIN

Reason for Exam: ABD PAIN

KUB 12/20/07

There are multiple dilated small bowel loops in the abdomen. There is no significant air in the large bowel. No pathologic calcification is seen. There are surgical sutures in the abdomen.

IMPRESSION: Findings suggestive of small bowel obstruction. Surgical consult is recommended.

Dictated by Shashank Parekh, MD

Wet reading called to Dr. Marsh at 1335 on 12/20/07.

Reported by: Shashank C. Parekh , M.D. Signed by: PARS <<Signature on File>>

Date/Time signed: 12/20/07 1842

C: John Marsh

Ordering Physician copy
Page 1 of 1

RADIOLOGY REPORT

CARLL NO. 1000M NEV

Signed

Order Date 12/27/07 07:26



Printed: 12/27/07 07:26 wh09x922h1

MCV Hospitals and Physicians Richmond, VA 23298

1250 E. Marshall St., Richmond, Va. (804)828-0951 DEA: AM 1570072

Patient Name: DELANEY (GEORGE L Fin: 706156292551 Birthdate: .. 1959 Weight(Kg):78.926 12/21/07 Height(Cm):177.80 12/21/07 Allergies: Phenergan AUGUSTA CORRECTIONAL CENTER, 1821 ESTALINE VALLEY, CRAIGSVILLE, VA 24430 Pt Address: 5409977000 Work Phone: Home Phone: Rx: Dilaudid 2 mg PO every 3 hours PRN as needed for pain SIG: X Lindsay Morales, ACNF Prescribed by: LINDSAY P MORALES, NP (4433) DEA #: MH1383001 #4433 (Not valid unless signed by prescriber) Initial here for non-childproof container DEA# MH1383001 Rx# 0017138503

alth System, MCV Hospitals & Phy-**VCU** Richmond, VA 23298

CPROD - Production

Discharge Information Form

DELANEY, GEORGE L - 6185429

Result Type:

Discharge Information Form

Date:

02 January 2008 12:54

Status: Author: Auth (Verified) Bowen RN, Christine on 02 January 2008 12:54

Electronically Signed By: Bowen RN, Christine on 02 January 2008 12:54

Encounter info:

706156292551, VCUHS, IP, 12/20/2007 -

DISCHARGE INFORMATION FOR REFERRING PROVIDERS

Admission Date:

Disposition:

Discharge on:

12/20/07 10:25 pm

Correctional Facility

12/27/07 01:00 pm

Coexistent Problems/Diagnoses:

conservative management

small bowel obstruction resolved with

Referring Provider:

BOST MD, MICHAEL A

Discharging Attending Physcian:

Primary Care Provider:

MALHOTRA MD, AJAI K MARSH MD, ROBERT L

rinciple DX- Condition making admission necessary:

small bowel obstruction

New / Changed / Refilled Medications:

Dilaudid (HYDROmorphone): 2mg, by mouth, every 3 hours, as needed,

Home Medications:

To reach providers in the VCU Health Systems, call Telepage at 804 828-0951 and page the specific provider or have the specific provider call 1-800-762-6161. VCUHS provider numbers can also be accessed via the web at : www.vcuhealth.org

rinted by:

Bowen RN, Christine

Printed on:

1/2/2008 12:55

Page 1 of 4 (Continued)

VCU alth System, MCV Hospitals & Phy. ans Richmond, VA 23298

CPROD - Production

Discharge Information Form

DELANEY, GEORGE L - 6185429

Discharge Information for Patient

VCU Health System thanks you for allowing us to assist you with your healthcare needs.

Visit our website at: www.vcuhealth.org

If you have any new symptons, changes in your condition, or questions, please contact your Primary Care Provider. If you need to reach a Health Care Provider in the hospital, call (804)828-0951 and ask the operator to page the *Provider on call* for IP-Trauma Surgery

The following information will help you care for yourself after leaving the hospital. You were admitted to the hospital on 12/20/07 at 10:25 pm

You were hospitalized for the following condition(s): small bowel obstruction resolved with conservative management

The following procedures were performed:

Allergies:

Phenergan

Reactions:

Additional Discharge Instructions:

Stable to be discharged to correctional facility. Small bowel obstruction resolved with conservative management.

Take the medications listed in both of the following groups:

New / Changed / Refilled Medications:

Dilaudid (HYDROmorphone): 2mg, by mouth, every 3 hours, as needed,

Also continue taking these medications:

Call 911/MD

Call 911 DO NOT DRIVE yourself to the ER, For sudden onset of shortness of breath

Call the doctor if you have Chest or upper abdominal pain or pressure, Difficulty breathing, shortness of breath, Severe abdominal pain, Severe or persistent vomiting, Shortness of breath, fluttering feeling in chest, Sudden, severe pain anywhere in the body

Call 911 DO NOT DRIVE yourself to the ER, For sudden onset of shortness of breath

Call the doctor if you have Chest or upper abdominal pain or pressure, Difficulty breathing, shortness of breath, Severe abdominal pain, Severe or persistent vomiting, Shortness of breath, fluttering feeling in chest, Sudden, severe pain anywhere in the body

Diet

Discharge Diet Other: Due to his intestinal disease, pt may not have processed foods, spicy foods, raw vegetables, oranges, apples, corn flakes, boiled eggs, cheese, beans, peanut butter, or any type of nuts.

rinted by:

Bowen RN, Christine

Printed on:

1/2/2008 12:55

Page 2 of 4 (Continued)

VCU I Ith System, MCV Hospitals & Phys ans Richmond, VA 23298

CPROD - Production

Discharge Information Form

DELANEY, GEORGE L - 6185429

Medications

Med Profile Reviewed Yes

Clinic Appointments

Clinic: Surgery/General/Trauma Surgery/STRU-Trauma Surgery Clinic Call to make an appointment if your condition has not improved in/804-828-7748

rinted by: Printed on: Bowen RN, Christine 1/2/2008 12:55

Page 3 of 4 (Continued)

VCU I ilth System, MCV Hospitals & Phys. .ans Richmond, VA 23298

CPROD - Production

Discharge Information Form	DELANEY, GEORGE L - 6185428
Home care service options were reviewed with me	YesNo
If you or a member of your household currently smoke, or have household member are advised to quit smoking. Please ask yo resources in the community visit the Smoke-Free Virginia webs	our healthcare provider for more information. For futilier
I understand the information given to me	YesNo
I have received all my personal belongings	YesNo
Patient/Caretaker:	Date: (signature)
Nurse:	Date: (signature)
sit our website at: www.vcuhealth.org	

inted by: Printed on:

Bowen RN, Christine 1/2/2008 12:55

Page 4 of 4 (End of Report)

Johnson

MR+ 6185429

Commonwealth of Virginia DEPARTMENT OF CORRECTIONS

DOC 708 Revised 3/92

DOB: - -60 SST vv.

CONSULTATION FORM

estrictions:ollow-Up Appointment:	Consulting Physician
estrictions:	
estrictions:	
	700
	$ \sim$ \sim \sim \sim \sim \sim \sim \sim \sim \sim
reatment and Medications Recommended:	
Diagnosis:	
aboratory or X-ray Results:	
Findings:	
	omplete the following, whether positive or negative.
	ya about appt. (M. Bhitla)
	mit. Called Holding Unit
Medical Problem	
	line KillyReferred To MCV, X-Ray Wife, 3) F
Inmate Name Levice Delimey Referred By Dr. R. Woush, 1821 Estal Medical Problem Barry	line WellyReferred To MCV, X-Ray Dept., 3rd F

Anthem.		- GP	DMINISTERED BY MEDICO HEALTH OUP : medicohealth is medicohealth ave life well
YTA950374 Group No. 20471754 COB Type	923 Offen	DOB: BC Plan 423 der Only	Covered Since Post Office Box 27401 Richmond, Virginia 23279

PLEASE FOLD ALONG THIS LINE—DO NOT DETACH

Augusta Correctional Center
Bill with Prefix YTA950+ Offender
Number, and the above group number
for full reimbursement up to the contract
allowances.

Pre-Admission Review Required: 1-800-242-7277

Customer Serv: 1-877-332-8198 Network: Hosp/Physician PPO1

IMPORTANT PHONE NUMBERS ON BACK

94n 24 2005 17:27A

ELEMED SCHO INTES

No 3233 P. 3/3

Virginia Department of Corrections / VCU Medical Canter PRE-REGISTRATION REQUEST FORM (To be used when requesting tent on think / telegodisine approximants)

Date: 12-18-67 Inmon Number: 37439	10 verme November 1018 5439
Name Delaney George	Sou - M Recei Co.
Corried the Augusta Corr. Document Dr. Record Strains	Policy No: YTA 910 150 PAX or send copy of Insurance Card.
(A separate Pre-Régistraton fortó is	required for each clinic or test.)
Appointment for Danism Larma Clinic [VOn-Bite(VCU-MC) Telemedicine Reason patient needs to be seen: New patient evaluation for Follow-up for 1) Levalue Colidia and needs to be seen month from last appointment: [Reason of 1-74446] Urgest (8-30 days)[Next Available Next available will be given micros explanation to written below in indicate reason for Urgest of Reversed appointment. PHS Number:	Diagnostic Test or Procedure: (hay require complation of depertment specific form) For III or Man the following information is required: It the partism claustrophobic? Yes No dishetic? Yes No If diabetic, list diabetic meds: Any metal in the body? specify: Allergies: Weight: Requesting Doctor's name: PHS Number:
Please provide a DIAGNOSIS and pertinent BE Patient last seen in GI Recommended BE. He was ACC from LCC. Please	as transferred to Miles
Appointment Process and Important Information Obtain approval for visit/temprecedure if required. FAK this form to: (804) 628-3932 (Berbara and Tim). The day before the appointment, send updated Pre-Reg. Form to the Holding Cell - FAK-(804)786-9615 or E-mail (BURKSMR). NOITY immere tohedulers (804) 628-0425 and Holding Cell (804) 786-1264 of ALL REFUSALS OR CANCELLATIONS. DIFFILONST! Cell 628-0425-Barbara or 628-3805-Tha FEMILIANTE SUND portainers information with immere to appointment. (Notes, Current Made, Test Results, X-Ray FILMS, etc.)	Jesch (2/28/67)
Please NOTE	1



VIRGINIA DEPARTMENT OF CORRECTIONS AUGUSTA CORRECTIONAL CENTER PROBLEM SHEET Effective Date: November 15, 2006 Operating Procedure#722 Attachment #2

PROBLEM SE	HEET DOS -60
Institution: Augusta Correctional Center	
Name: OELANEY G.	No: 37\$30
Allergies: NYA	
Chronic MedicalHistory: Celear The Cal. Tis. >	Colectony 2003.
Allergies: Phenergan	
	•
☐ Asthmatic	
☐ Cardiac	
☐ Diabetic	
☐ Hepatitis	
□ HIV	
☐ Hypertension	
☐ Malignancies	
☐ Pulmonary	
☐ Seizure Disorder	
☐ Smoker,	·
Non-Smoker	- `
	floor 🗆 Lower level 🗖 Single cell
☐ Current Medication: See current MAR	
Other V. Deraline Colitis	•
	D. (1) [2.07]
Nurse's signature: Of Muller In	Date: 13-5-07

Commonwealth of Virginia DEPARTMENT OF CORRECTIONS

DOC 708 Revised 3/92

CONSULTATION FORM

Sending Institution	Surenbur Orectional Date 12-4-07
	Marco Da Carole . a Inmete # 37439/7
Referred By	Referred to MCU-GI Surgiculation of Mountainers
Medical Problem	Meratre colitis SID Mercal anaslanes
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	
Con	sulting Physician: Please complete the following, whether positive or negative.
Findings:	
I ab acate as a V	Results: will need banun Enerce
Laboratory or X-ray	Hesuits:
Diagnosis:	ssale stacture of anastrossis
Treatment and Medi	cations Recommended:
- B	E so evaluate for shictures
- 14	must be on a true Ion residue diet minger
- M	COLA DECALACE EXCLAS LINGUIS CLASSIFICACIÓN
	mee radiology may complete
· · · · · · · · · · · · · · · · · · ·	
Restrictions:	Low Residue dret only
	GASTOGATIN AND
Follow-Up Appointm	Change Collade to
1214/07	Wollies
Dat	e Consulting Physician
	Folhai MD [00192]
	12-04-11/1/

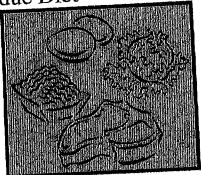
Low Fiber Low Residue Diet



Home | Jackson Siegelbaum Gastro | Patient Education

Low Fiber Low Residue Diet





Dietary fiber is the undigestible part of plants that maintains the structure of the plant. Dietary fiber includes cellulose, hemicellulose, polysaccharides, pectins, gums, mucilages, and lignins. Although they are chemically unrelated, they all resist digestion by the human body. It is this resistance that makes these fibers important in both the normal functioning and in disorders of the large intestine or colon.

In certain medical conditions, it is important to restrict fiber. These include acute or subacu diverticulitis, and the acute phases of certain inflammatory conditions of the bowel -ulcerative colitis or Crohn's disease. After some types of intestinal surgery, a low fiber, low residue diet may be used as a transition to a regular diet. A low fiber diet is also used for a period of time after a colostomy or ileostomy is performed.

Depending upon individual food selection, the Low Fiber, Low Residue Diet is adequate in all nutrients (National Research Council's Recommended Dietary Allowance). If the diet must be strict and followed over a long period of time, the intake of fruits and vegetables may not be adequate; and/or on a low residue diet, there may not be enough calcium included. In these cases, a multi-vitamin supplement or liquid nutritional supplement may l needed.

Special Considerations

If a low fiber or low residue diet results in abdominal cramps or discomfort, notify the

dietitian or physician immediately

ian or physician i	Food Gro	ups
Group	Recommend	Avoid
Milk & milk	all milk products	Low Residue Diet only 2

Low Fiber Low Residue Diet

products (2 or more cups daily) Vegetables (3 or more servings daily)	ettuce; vegetable juice vulp; the following cook regetables: yellow squar without seeds), green b beans, spinach, pumpking eggplant, potatoes, with asparagus, beets, carrote	processing	etable juices with poor the result of the re		
Fruits (2 or more servings daily)	ruit-juices without pulp fruit except pineapple, i bananas, melons	ipe car fru Re pro jar	it-juices with pulp, nned pineapple, fresh it except those on commend list, prunes, une juice, dried fruit, n, marmalade		
Starches-Bread & grains (4 or more servings daily)	bread and cereals made refined flours, pasta, w	nite rice ce	nole-grain breads, reals, rice, pasta; bran real; oatmeal		
Meat or meat substitutes (5 to 6 oz daily)	meat, poultry, eggs, se	ุกบ	unky peanut butter, ats, seeds, dried beans, ried peas		
Fats and oils (servings depend on caloric needs)	all oils, margarine, but		coconut		
Sweets and desserts (servings depend on caloric needs)	all not on Avoid list	C	esserts containing nuts, oconut		
Miscellaneous	all not on Avoid list	Avoid list popcorn, pickles, horseradich, relish			
	Sample	Menu	in the second se		
Breakfast	Lunch		Dinner		
 orange juice cup cornflakes I poached egg white toast I slice margarine I jelly I Tbsp skim milk I coffee 3/4 ci sugar I tsp non-dairy creamer salt/pepper 	• mashed pota 1/2 cup • cooked gree 1/2 cup • white bread • margarine 1 • jelly 1 Thsp • applesauce	toes a beans I slice tsp /2 cup tp eamer	chicken breast 3 oz medium baked potato without skin cooked carrots 1/2 cup white bread 1 slice margarine 1 tsp jelly 1 Tbsp canned peaches 1 /2 cup skim milk 1/2 cup coffee 3/4 cup sugar 1 tsp non-dairy creamer		

rage JUL J

Low Fiber Low Residue Diet

		• salt/pe	
This S		vides the Following	45 gm
Calories	1576 89 gm	Fat Sodium	2817 mg
Protein Carbohydrates	215 gm	Potassium	3510 mg

Diarrhea | Crohn's Disease | Ulcerative Colitis | Anal fissure, Fistula and Abscess | Rectal Bleeding

Related Procedures

Astomy

This material does not cover all information and is not intended as a substitute for professional care. Please consult with your physician on any matters regarding your health.

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Patient Ed | Diseases | Procedures | Diets | Drugs | Endoscopy Images | Links

Jackson Siegelbaum Gastroenterology

423 North 21st Street, Suite 100

Camp Hill, PA 17011

(717) 761-0930

2626 North 3rd Street., Suite 3A Harrisburg, PA 17110

Phone: (717) 238-3111

*We can NOT provide medical care over the phone. Please contact us to make an appointment if needed.

Fax: (717) 761-0465

Email: contact@gicare.com

Web: gicare.com

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F	DELANEY, GEORGE	L			VCUHS	
•	6185429		DC.		159	
N	12/04/07	М	В	48Y	GENC	
	SHAH MD, NISHIT	s			GNSO	
	VIS#: 706 15619	7	342			

VCU Health System MCV Hospitals and Physicians Richmond, Virginia 23298

									IDER FORM 1
P/	TIENT DATA: MUST	COMPLETE A	- 1-	DA'	ГА	FO	R ALL TESTS		
DOE	: <u>5</u> °						A second in	141.1.	ICD-9 KEY
AME	BULATORY? Yes 🗆 No	HT: WT:	ibs				Diagnosts: Ularative	Cours S	List (CD-9 Code(s) Below (Write & Circle Correspond number next to each tes
		to eval	~~~	ب	e		İ		1.
	fer smalle				·		-		2.
	anastom								
Patie	nt CURRENT Phone #:	<u>~ 3. 5</u>				<u> </u>	12		4
	RADIOLOGY (Xray, Plain	Films 86831)							5.
KEY			^C.	-			GI/RADIOLOGY (828-6831)		
		- Astrogras				400	☐ Esophagram ☐ Request Tablet ☐ ☐ Upper G Small Bowel follow-through		
	2)	soprtice a	37/c	ork	400	7	Rarjette Eperna		
	(3)	Dread	نح	0			☐ Defecogram ☐ YFistulogram ☐ T		
T	: 628-3580 ◆ F: 628-3593				1. A.	٠.	NUCLEAR MEDICINE: P:828-6828 F	: 628-0275	
Appt. Da	ete:/Time:	EI AM EI PM Location:				_	Appt. Date: / / Time: :	E) AM E) PM Location	
or CT	scan only / Creatinine Result with						Genitourinary: (no prep)		nal: (NPO 4-6 hours)
	s? 🗆 Y 🗀 N						☐ Renal functional imaging		uid gastric emptying and reflux evalu
	of: □Asthma □Contrast dye	□Diabetes □Insulin □Metf	omin	□Head	Diseas		□ with Lasix		stric emptying C Child
Kidne	ey Disease 🗆 Multiple Mycloma 🗆	Pheochromocyloma	isorder	□Sickle	e Cell A	 .nemia	with Captopril		atric emplying 🗀 Child 🗀 Adult Hary imaging with gatibladder function
IRI	P: 628-3580 • F: 628-3593						☐ (VCUG) Voiding Cysto Urethragram☐ Renal anatomical imaging	☐ GI Bleedi	
pt. Dal	e:Time:	CJ AM Li PM Location:					Other	□ Other _	10-81
	RI onlyanswer: Pacemaker? 🗆	' □ N Metal implants? □Y □	N Claus	stroobob	ole?	Y D P	Bone Imaging:		is: (Call for prep) Localization with WBCs
Clau.	strophobic, Pt needs sedation. Spe	cify what sedation					☐ Three phase imaging	[] Whol	
RIOIO	gical Stimulator	☐ Pacemaker ☐ Shunt ☐ :	Stapes I	Prosthes	ils 🗆	Stent	State beautioned		maging 🗆 Whole body 🗀 Limi
Trans	ovascular Catheter 🗀 Electrode 🗀	Heart Valve Replacement 🗀 IUD	LI IVC I	ilter 🗆	Penile I	implant	☐ Limited imaging	☐ Lymphos	cintigraphy Node Localization
Aortic	dermal Patch □ Ever worked wi or Carotid Clips □ Brain Surge	ui grinding metal . 🗀 Metal Fra ery Cline . 🗀 Bullot Francesto	gments	A ⊡	neurysr	m Clips	□ Other		
Harrin	gton Rods 🗆 Infusion Pump 🗆 Join	t Replacement 🗀 fimb prostbesi	in i.i. Maria	acture, n stal Maci	Netal≀r h c⊐Di	eateu	Endocrine: □ Parathyroid Imaging	Other _	· · · · · · · · · · · · · · · · · · ·
-9 Y	TYPE		CT	CTA	_	MRA	Thursda Chudles D Thursda Hoteles & Cose eats	☐ Thyroid Uptake, S	ican & flx with " I 🗆 Consult with a
_	lead	 	1-01	1000	IMI	Mine	Thyroid Results / Date: TSH	_ Total T ₄	Free T ₄ Total or Free T ₃
1	Abdomen		1				Is the patient taking any interfering medicines?	□ Yes □ No	
lo	Chest		+	1			☐ Methimazole ☐ PTU ☐ Thyroid Hormor	ne	
Р	elvis		†	1-			D lodide or iodide containing medication		sentrant and all uses since 0 on V s
s	pine: Cervical		1	-		 	Has patient had in the past 3 months any study in Lung Imaging (no patient prep)	William St. Marialen	CONTRAST AGENT WAS GIVEN? LI YES L
\top	Thoracic		1	-		-	☐ Perfusion only ☐ Ventilation/Perfusion (V/Q) 🗇 Other	
\top	Lumbar		├				☐ Send patient for CXR PA & LAT prior to V	O Scan OR	Patient bringing recent outside t
1	pints/Specify:		-				Disposition of patient after urgent imaging lu		
-	ther:	· · · · · · · · · · · · · · · · · · ·	<u> </u>				nuclear medicine physician: Send home Control Co	🗀 Send bacl	to my office 🖂 Hold and ca
	her:						PET SCAN: P: 828-6828 F: 628-0275	C) AM	
	OUND						Appl. Dale:/Time::_	CJ PM Location:	
1		UAM				5 W.	Indications for PET Scan: (please check one) Diagnosis of: Colorectal Cancer Esopha	annal Cancer 🗔	Jand & Mark Cannar Calumaha
	xi. Date:/	e: Li PM Localion:					☐ Melanoma ☐ Non Small Cell Lung C	_	lead & Neck Concer L. Lylliptio
	Doppler Abdomen Vessel (eg: aort	a)					Characterization of: Solitary Pulmonary Nod		
-	Abdomen complete Abdomen right upper quadrant				_		Staging of: Breast Cancer Metastasis D Esophageal Cancer D Head & Neck		
-							☐ Non Small Cell Lung Cancer ☐ Thyro		
1 –	Galt Bladder Liver						Restaging of: Deast Cancer/Monitoring C	3 Colorectal Cance	r 🗆 Esophageal Cancer
╅—							☐ Head & Neck Cancer ☐ Lymphoma	☐ Melanoma (⊃ Non Small Cell Lung Cancer
	Renal						Other: No	? ☐ Yes ☐ No	
_	Other:							lion: DVCUHS	□ Other
u (Other:					1	Please ask your patient to bring any non-VCUHS	CT or MRI scans or	the day of the PET scan.
						2ORT	S GENERATED BY THIS REQUEST TO		Tarana da Santa da S
	rovider Moess	My Mr	875 L 1	rel	16		Dr Ushit	Shall	
rina P	· · · · · · · · · · · · · · · · · · ·	Signature	<u>~1 \ </u>	4.1	·		00 100 100	Print	المسد في در م
ing P									10 11.100
ring P							Beeper #		Dale: (2/4/07
•		Dept. Contact:				PO Box			Dale: (2/9/07) Fax:



Page 1 of 2

MEDICAL RECORD COPY

, , , , , , , , , , , , , , , , , , ,	VCU health System (2
DELANEY.GEORGE L \ / VCUHS	MCV Hospitals and Physicians
6185429 DOE 159 57	(1)
N 12/04/07 M B 48Y GENC	Richmond, Virginia 23298
SHAH MD, NISHIT S GNSO	General Surgery
VIS#: 706 156197342	
D.I.	☐ Consultation ☐ Initial Visit ☐ H&P
Date:	
Referring/Requesting Physician	PCP
Reason For Consult/Visit:	
V lane the see detter about	to my storach pain to itame?
I just morth. Has histo	ing of ilea -and save
linable to story on correct de	t my storact painty -
Attending Physician Vital Signs: RP. 108 12 Temp: 978	Pulse: 68 Resp: Height: 5"10"Wt: 178 (48MI:
Key Findings:	
Past Surgical History:	W/ restraints
	and .
12/97 ileastury, hardwarms	pone
4/98 total colection	
12006 - turnellectory	
[1997 - (R) artile (2° spor	As injury)
	W.
Past Medical History:	☐ Diabetes ☐ GERD ☐ Back Pain
he of strictures in pour area." brospitzbujel Sentana VZB 4101 for obstructi.	☐ Hypertension ☐ Urinary incontinence ☐ Venous Stasis
poule area"	☐ COPD/Asthma ☐ Kidney Problems ☐ Sleep Apnea
1 and Island Sentona VZB	CAD/MI/CHF High chol/TG DVT/PE
4101 don abstract.	□ Deg Joint Disease □ Cancer □ Stroke/Seizures
" , 0, 3,1	□ Deg Joint Disease □ Cancer □ Slroke/Seizures
	ulcertre colutés
Pain Assessment: Pain ac	cceptable? ☐ No ☐ Yes
Location: (P) Sule abelono Quality	by Pressure Duration: Cornes + Gold Sometrine
Pain Score: 0 1 2 (3) 4	5 6 7 8 9 10 Sometover
none mild moderate	severe very severe worst possible
Allergies: 7	□ NKDA
Allergies, /	LI NADA
Current Medications: record on the Ambulat	tory Care Summary Sheet Form or
	nission Medication History Form for inpatient
	Var collise Occupation unempleyed - in
Social History: Education:	, 1-1, Occupation.
Marital Status: (S)M D W Support Pe	
Religious/Cultural Barriers: " ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~	ted Evidence of Abuse: Ovisted
1	olday ETOH: 10 No 12 Yes been drinks/day
··	(10)
Drugs: ☐ No ☐ Cocaine ☐ Heroin Last	use: 498
Vilama La	for also much puin
Family History:	D. rame)
D A A D	lasc
unlinen famly wed	- CVOK-
\ \	
	nt (m) Date: 12 4 57
	no m Date: 12 4 57

Form H-MR-0907 (01/07) General Surgery

Page 1 of 4

Medical Record Copy

Ni					
	DELANEY	,GEORGE L VOUHS	5	MCV Hospitals ar	
M	6185429	DOB: /59)	Richmond, Virg	
	12/04/0 SHAH MD	7 MB48Y GENO NISHITS GNSO		General S	urgery
İ		06 156197342	<u></u>	l Consultation □ In	
Date: _					
		Respiratory:	Normal respiratory effort	☐ Normal ausculation	
		Abnormal:			
·		Apriorma.			
		Cardiovascular:		☐ Normal auscultation: regular i	rate and rhythm with no murmur
		Abnormal:		☐ Normal peripheral pulses, no	edema
٠					
		Lymphatic:		☐ Normal lymph nodes (neck, a	xillae, groin, or other)
		Abnormal:			
		Skin/Surgical Site:	Al Arma A	☐ Normal inspection and/or palp	pation of skin
		Abnormal: 804	peoled inci	No previous surgical incisions	3
1	1	well	realed in	sus	
		Gastrointestinal:	☐ No masses or tenderness	☐ Normal exam of liver and sple	een
}		1	☐ No hernia	☐ Stool sample for occult blood	test
	•	Abnormal:			test
/- 1		1			tesf
) -		1	□ No hernia J7ND P. perm cm		tesf
) - j		1			tesf
/ -	i (Soft &			tesf
<u> </u>	• (Soft Reclos Genitourinary/ Breast:		○ Normal rectal exam	test □ Deferred
/ -		Soft &		☐ Normal rectal exam ☐ Normal breast exam	
<u> </u>		Genitourinary/ Breast: Abnormal:	Normal grientation (time place	☐ Normal rectal exam ☐ Normal breast exam ☐ Normal pelvic exam	□ Deferred
) - i		Genitourinary/ Breast: Abnormal: Neurological:		□ Normal rectal exam □ Normal breast exam □ Normal pelvic exam □ Psychiatric: □ Normal depressions	
/ - /		Genitourinary/ Breast: Abnormal:	Normal orientation (time, place	□ Normal rectal exam □ Normal breast exam □ Normal pelvic exam □ Normal pelvic exam	□ Deferred □ Deferred nal mood & affect (no
\ - \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \		Genitourinary/ Breast: Abnormal: Neurological:	Normal orientation (time, place	□ Normal rectal exam □ Normal breast exam □ Normal pelvic exam □ Psychiatric: □ Normal depressions	□ Deferred □ Deferred nal mood & affect (no
		Genitourinary/ Breast: Abnormal: Neurological: Abnormal:	Normal orientation (time, place and person)	Normal rectal exam Normal breast exam Normal pelvic exam Psychiatric: Abnormal:	□ Deferred □ Deferred nal mood & affect (no
		Genitourinary/ Breast: Abnormal: Neurological: Abnormal:	Normal orientation (time, place	□ Normal rectal exam □ Normal breast exam □ Normal pelvic exam □ Psychiatric: □ Normal depressions	□ Deferred □ Deferred nal mood & affect (no
		Genitourinary/ Breast: Abnormal: Neurological: Abnormal:	Normal orientation (time, place and person)	Normal rectal exam Normal breast exam Normal pelvic exam Psychiatric: Abnormal:	□ Deferred □ Deferred nal mood & affect (no
		Genitourinary/ Breast: Abnormal: Neurological: Abnormal:	Normal orientation (time, place and person)	Normal rectal exam Normal breast exam Normal pelvic exam Psychiatric: Abnormal:	□ Deferred □ Deferred nal mood & affect (no
		Genitourinary/ Breast: Abnormal: Musculoskeletal: Abnormal:	Normal orientation (time, place and person)	Normal rectal exam Normal breast exam Normal pelvic exam Psychiatric: Abnormal:	□ Deferred □ Deferred nal mood & affect (no
		Genitourinary/ Breast: Abnormal: Musculoskeletal: Abnormal:	Normal orientation (time, place and person) Normal muscle strength & tone Medical Def	Normal rectal exam Normal breast exam Normal pelvic exam Psychiatric: Abnormal:	☐ Deferred ☐ Deferred nal mood & affect (no ession, anxiety or agitation)
		Genitourinary/ Breast: Abnormal: Neurological: Abnormal: Musculoskeletal: Abnormal:	Normal orientation (time, place and person) Normal muscle strength & tone Medical Definition of the place and person in the person in the place and person in the person in the person in the person in the person in the pe	Normal rectal exam Normal breast exam Normal pelvic exam Psychiatric: Abnormal: Normal gait & station	☐ Deferred ☐ Deferred nal mood & affect (no ession, anxiety or agitation)
		Genitourinary/ Breast: Abnormal: Neurological: Abnormal: Musculoskeletal: Abnormal:	Normal orientation (time, place and person) Normal muscle strength & tone Medical Definition of the place and person in the person in the place and person in the person in the person in the person in the person in the pe	Normal rectal exam Normal breast exam Normal pelvic exam Psychiatric: Abnormal: Normal gait & station Radiology Orders	☐ Deferred ☐ Deferred nal mood & affect (no ession, anxiety or agitation)

Form H-MR-0907 (01/07) General Surgery

Case 7:08-cv-00465-gec -mfu Document 59-9 Filed 05/08/09 Page 24 of 25

08/23/2007 12:03 06/23/2007 10:41 7573958785 4347380527 RELEASE OF INFORMATH MECKLENBURG CORR FIL FAGE 01/19 PAGE U1



Virginia Department of Corrections
Consont for Release of Confidential Health Information

Effective Date: Pepruary 1, 2007 Operating Procedure #701.3 Attachment #3

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DOC Facility Name:	<u>Mecklenburg</u>	Correctional	Facili	ty	-	د موسود الماران و الموسود الم
Address:	P. O. Box 5	500 Boydton, 1				UTIP_
Telephone #: (43	14-738-6114 I	extension 12.3F	ìx-#:->.	July 434-	738-0080	
Offender Name:	Delaney	GEORGE		DOC#:	374397)
DOB:	60			SS#:	anger a marine and a second	7]
I hereby authorize:	Name and title of org	UN BEWERAL		57+ 345- () Phone #	8000 75 Fox	7-395-578
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Discharge St Consultation Lab Worlt History and t	ummary Payo s Prog	stion: (Check all that op histric Evaluation gess Notes trainent Plans traines Abuse Information	□Pi □Pi □Ri	atire Medical R sychological Ev sysician Ordera isk Assessments orbal communic	aluations s	
Name and title	e of organization/practi		Boyd Cin		-6114 (43 ension: For 123 VA State	4-738-0080 23917
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disclose and use protect DOC cannot make The original of thi to which disclosur I have the right to writing to the pera There is a potentia and, therefore, no possession of the te If this information part 2), the Feder disclosure is expre authorization for the	ted health care informs the provision of trees authorization shall be revoke this authorization in possession of mil for any information longer protected to calth care entity. It is being disclosed to release of miles prohibit the release of medical thought permitted by you release of medical thou to criminally inv	a disclosed pursuant to the same extent as such from records protected be recipient from making our written authorization as other information is lestigate or prosecute any	med that: upon my si care records derstand th nis authoriz health infi by the Fede any furi n or as of NOT suffic or alcohol or	and a notation at the revocation to be substance at substance at the revocation was peral substance abortist permit for this purificant for this purificant for this purificant for the purificant for this pu	athorization a concerning the period is not effective ject to re-disclosur rotected by law with the confidential of this information ted by 42 CFR propose. The Pederal	nsons or agencies until delivered in the by the recipient hile solely in the ty rules (42 CFR on unless further ert 2. A general
Unless rovoked, this aut		A		75 - de	A 08	Vec by Alexander
This information may be Signature (Offender)	disclosed offective:	Minimadiately			Dat	(specify date)
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Signature (Witness)		Printed Name (Witne	the state of the s	700	Dat	e
on: Health Record (original	1. Central Criminal Re-	rotń				

MEDICE MEDICE

Revision Date

08/23/2007 12:03 7573958785

RELEASE OF INFORMATN

PAGE 02/19 Page 1 of 2

Sentara Healthcare - Confidencial Information

PATIENT: GEORGE F DELANEY

SSN:

DOB: 1/1960

ID(s): PTMRN: 229139071

PATIENT NAME: DELANEY, GEORGE F ADMIT DATE: 04/05/2007 11:30 PM
AGE: 47y FACILITY: Sentara Virginia Beach General Gene GENDER:

MRN: ATTENDING: Gelpi, Juan R

DOCUMENT TYPE: Discharge Summary DICTATED BY: Gelp1, Juan R
SOURCE SYSTEM: BOIX DATE DICTATED: 04/13/2007 02:02 PM

FACILITY: Sentara Virginia Beach DATE TRANSCRIBED: 04/14/2007 04:27 AM ACCOUNT NUMBER: 4159657095 SIGNED BY: Gelpi, Juan R EXTERN DOC NUMBER: 200704131341263800 STATUS: Legally Authenticated

DISCHARGE SUMMARY

LOCATION OF PATIENT: Room: 0469 - Sentara Virginia Beach

DATE OF ADMISSION: 4/5/2007

DATE OF DISCHARGE: 4/13/2007

CHIEF COMPLAINT:

Abdominal pain with nausea and vomiting.

HISTORY OF PRESENT ILLNESS:

The patient is a 47-year-old African American male who presents to Virginia Beach General Emergency Department with complaints of increasing abdominal pain and distention, nausea, and vomiting. The patient demies any flatus, denies any bowel movements, denies any blood per rectum. Currently resides in jail. He is present with deputy, and the patient is currently suffed to the bed.

HOSPITAL COURSE:

The patient was admitted on 4/5/2007 and diagnosed with a small-howel obstruction. MG tube was placed to low wall suction. GI consult was obtained, and NG tube with decompression was continued until 4/8/2037. The patient was started on steroids by the gastroenterologist. Actually, he is improved. On 4/9, MG tube gravity trial was completed and was successful. On 4/10/07, the patient was tolerating a clear liquid diet. A small-bowel follow-through was ordered. On 4/11, the small bowel demonstrated some evidence of stricture in the ileum proximal to the area of anastomosis. It was recommended that the patient undergo colonoscopy to further evaluate and for possible dilatation and is planned for 4/12. However, the patient ate 2 full trays for breakfast and was unable to undergo the procedure. The patient's FCA was discontinued, and he was started on p.o.

This information is confidential. Any unauthorized use or disclosure is probibited i law, and may be subject to disciplinary action and/or prosecution.